



# THE BLUE PARROT BREAKFAST MENU

85 Corey Circle, St Pete Beach, FL 33707 | Phone: 727-368-9619

Breakfast served with toast. Choice of white, wheat, rye or English muffin, & grits or home fries

Sub tomato for fries **\$ .50**

3 Extra Large Eggs-Anyway **\$5.95**

w/ bacon, ham or sausage **\$6.95**

## HOUSE SPECIAL

Homemade Corned Beef  
& Eggs **\$6.95**

## GIANT OMELETS

With choice of two: American, Swiss, Feta, Cheddar, Olives, Ham, Blue Cheese, Mushrooms, Spinach, Onions, Sausage, Bacon, Ham **\$6.95**

Additional ingredients **\$.75**

Add side of sausage, ham or bacon  
**\$7.95**

## EGGS BENEDICT

Eggs Benedict with ham **\$6.95**

Eggs Benedict with crabmeat **\$7.95**

Smoked Salmon Benedict **\$8.95**

Add side of bacon or sausage **\$1.00**

## SHRIMP & GRITS

Cheese grits with shrimp and andouille sausage **\$9.95**

## PANCAKES

Homemade, Delicious Buttermilk pancakes

Plain **\$5.95** Blueberry **\$6.95**

Banana Rum **\$6.95**

Add bacon, ham or sausage **\$1.00**

Add 2 eggs **\$2.00**

## FRENCH TOAST

Made with our special cinnamon infused batter **\$5.95**

New Orleans French Toast

Crusty with orange flavor **\$5.95**

Our Unique Coconut Crusted Toast

A tropical island favorite **\$6.95**

Stuffed Blueberry Cheese Special French Toast **\$6.95**

Add bacon, Sausage, or Ham **\$1.00**

## BREAKFAST SANDWICHES

Served with breakfast potatoes, grits or tomato

**Monte Cristo**—Ham, cheese & tomato between white bread batter dipped in our French Toast and seared on our flat top—not deep fried **\$6.95**

**Grilled Chicken Cheddar**—Roasted peppers, mushrooms & cheddar **\$7.95**

**Croissant Sandwich**—Ham egg and cheese sandwich **\$5.95**

**Hamburger**—1/2 lb 80/20 hand formed fresh ground **\$6.95**

Extra Toppings **\$.75**

**Fresh Fish Sandwich of the day** fried, blackened or seared **\$7.95**

## HAPPY SPECIAL

*Sat & Sun Breakfast*

**16 oz. Bloody Mary** made with our own special mix or

**16 oz. Mimosa**

**\$3.00**

**'Til 1:30pm**

## SIDES

2 Extra large eggs **\$3.00**

Sliced Tomato **\$1.50**

Grits Bowl **\$4.00** Cup **\$2.50**

Tomato Juice or OJ 16 oz. **\$2.50**

Side of ham, bacon, or sausage **\$2.00**





# THE BLUE PARROT LUNCH MENU

Served 11am-4pm

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## ANYTIME APPETIZERS

**Grouper Bites**— \$10.95

**Tuna Sashimi**—Served w/ wasabi & pickled ginger \$7.95

**Conch Fritters**—Our own custom made batter served w/ our special honey mustard sauce \$6.95

**Fish Spread**—Combination of fresh smoked fish \$7.95

**Crispy Calamari**—Served w/ marinara tomato basil & orange saffron olé \$7.95

**Maryland Style Crab Cakes (2)**—Served w/ sauce on side \$6.95

**Mussels**—w/ garlic wine sauce or red sauce and garlic bread for dipping \$8.95

**Caribbean Spring Rolls**—Chicken, banana, black beans, cheese combination served w/ our custom raspberry sauce \$6.95

**Chicken Wings**—THE BEST PERIOD! Covered w/ our homemade sauce from the original Buffalo recipe or blackened \$6.95

**Chicken Tenders**—Homemade, lightly breaded Served w/ honey mustard sauce \$5.95  
Buffalo \$6.95

**Shoestring French Fries**—Small \$2.50  
Large \$3.95

**Hand Cut Sweet Potato Fries**—Small \$2.50  
Large \$3.95

**Sunrise Shrimp**—Lightly floured shrimp covered w/ our very secret delicious sauce \$7.95  
Chicken \$6.95

**Dynamite Shrimp or Chicken**—A more fiery version of our Sunrise Shrimp  
Shrimp \$7.95 Chicken \$6.95

**U-Peel-Em Shrimp**—½ lb. \$6.95 1 lb. \$10.95

## 12" THIN CRUST PIZZA

**Margarita Pizza**—Fresh homemade sauce, with homemade mozzarella cheese \$5.95

**Additional toppings \$1.00 each**  
Meatball, pepperoni, onions, mushrooms, jalapeños, olives, peppers

## HOUSE SPECIAL PIZZA

**White Clam Pizza**—Baby hardshell clams, Florida raised. A Blue Parrot Specialty \$10.95

**Shrimp Margarita Pizza**—\$11.95

## BURGERS

½ lb. Hand-formed 100% fresh Ground Beef Served with choice of: French fries, slaw, or sweet potato fries

**Add Bacon \$1.00 Additional Items \$.75**

**Blue Cheese, American, Swiss, or Mozzarella Cheese add \$.75**

**½ lb. Burger**—\$6.95

**South Philly Burger**—Fabulous gourmet burger loaded with shaved steak, grilled onions, mushrooms, & peppers. Topped with mozzarella cheese \$9.95

**Bada Bing Bada Burger**—Topped with tomato, basil, pesto, capicola, & fresh mozzarella cheese \$9.95

**Parrot Burger**—The ultimate burger with mushrooms, bacon, fried onions, & mozzarella cheese \$9.95

**Mexican Burger**—Topped with jalapeños, lettuce, tomato, cheddar cheese, & chipotle mayo on the side \$9.95

## EVERY MONDAY NIGHT

### Tom Cats

18 pc Swing Band 6:30pm to 10:00 pm

## SALADS

**Side Salad**—\$2.95

**Cobb Salad**—Chicken, blue cheese, bacon, hardboiled egg, & tomato \$9.95

**Southwestern Chicken Salad**—Cheddar cheese, chicken, roasted peppers, crispy taco strips, & tomato \$8.95

**Caesar Salad**—Plain \$6.95 Chicken \$9.95  
Cod \$9.95 Shrimp \$10.95 Salmon \$11.95  
Salmon \$13.95

**Spinach Salad**—Feta, onions, tomato, portabella mushrooms \$7.95 Add Chicken \$9.95  
Shrimp \$10.95 Salmon \$10.95

**Chipotle Chicken Salad**—Grilled chicken, cheddar cheese, tomato, chipotle ranch dressing \$8.95

**Chef Salad**—Ham, bacon, tomato, egg, cheese \$8.95

**Seared Tuna Oriental Salad**—Fresh seared tuna, Ramen noodles, sesame soy dressing \$9.95

## WRAPS

**Chicken Bacon Ranch Wrap**—With delicious white chicken breast, lettuce, & tomato \$7.95

**Cobb Wrap**—Chicken, tomato, bacon, hard boiled egg, & Romaine lettuce \$7.95

**Shrimp Wrap**—Shrimp with Romaine lettuce, coleslaw, & special sauce \$8.95

**Seared Tuna Wrap**—With a perfect blend of wasabi ginger and lettuce \$9.95

**B.L.T. Wrap**—If you like our famous B.L.T., you are going to LOVE this wrap \$7.95

**Portabella Wrap**—With roasted peppers and feta cheese \$6.95

## SOUP OF DAY

**Seafood Bisque**—Cup \$4.25 Bowl \$5.95

**Soup of Day**—Cup \$2.75 Bowl \$4.00

## QUESADILLA

Cheese \$6.95 Chicken \$7.95 Shrimp \$8.95

## SPECIALTY SANDWICHES

**Super Cuban**—Pork, salami, ham, Swiss cheese, pickle \$7.95

**South Philly Cheese**—Onions, peppers, mushrooms, & cheese  
w/ Chicken \$6.95 w/ Beef \$7.95

**Meatball Sub**—Topped w/ mozzarella \$6.95

**Reuben**—Home cooked corned beef, not Deli \$8.95

**Cod Sandwich**—Fresh, North Atlantic cod. Seared, blackened, or fried \$8.95

**Grouper Sandwich**—Seared, fried, or blackened \$12.95

**Fish Tacos (2)**—We use soft shell tacos and fresh New England cod \$6.95

**Fish & Chips**—Fresh New England cod \$9.95

**Parrot Chicken**—Chicken with Blue cheese, bacon on a croissant \$7.95

**Grilled Chicken Cheddar**—With roasted peppers, mushrooms, & cheddar cheese \$7.95

## DELI CORNER

(YOUR CHOICE OF RYE, WHEAT OR WHITE)

**Junior Club**—Ham, Swiss cheese, bacon, turkey, lettuce, & tomato \$6.95

**Tuna Salad Sandwich**—\$5.95

**Chicken Salad Sandwich**—\$5.95

**Ham & Cheese Sandwich**—\$5.95

## MONDAY THRU FRIDAY NEW EXTENDED HAPPY HOUR

12 pm to 7 pm

Well Drinks \$2.50

16 oz. Draft \$2.25

Wine \$2.75

BAR ONLY





# THE BLUE PARROT DINNER MENU

Served 4pm-10pm

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## SALADS

**Side Salad**—Tomato, lettuce, carrots & cucumbers \$2.95 **Side Caesar** \$2.95

**Cobb Salad**—Chicken, blue cheese, bacon, hardboiled egg, & tomato \$9.95

**Southwestern Chicken Salad**—Cheddar cheese, chicken, roasted peppers, crispy taco strips, & tomato \$8.95

**Caesar Salad**—Plain \$6.95 Chicken \$9.95  
Cod \$9.95 Shrimp \$10.95 Salmon \$11.95  
Salmon \$13.95

**Spinach Salad**—Feta, onions, tomato, portabella mushrooms \$8.95 Add Chicken \$9.95  
Shrimp \$10.95 Salmon \$10.95

**Chipotle Chicken Salad**—Grilled chicken, cheddar cheese, tomato, chipotle ranch dressing \$8.95

**Chef Salad**—Ham, bacon, tomato, egg, cheese \$8.95

**Seared Tuna Oriental Salad**—Fresh seared tuna, Ramen noodles, sesame soy dressing \$10.95

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**Shrimp Wrap**—Shrimp with Romaine lettuce, coleslaw, & special sauce \$8.95

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**Mexican Burger**—Topped with jalapeños, lettuce, tomato, cheddar cheese, & chipotle mayo on the side \$9.95

## BREAKFAST SATURDAYS

10AM TO 1PM

## BREAKFAST SUNDAYS

9AM TO 1PM

## DINNER FROM THE SEA

Sides include potato & medley of vegetables

**Blue Parrot Ahi Tuna**—Delicious sushi-grade deep red yellow fin tuna, seared to your liking \$15.95

**Fish & Chips**—golden battered fresh North Atlantic cod filet served with fries & coleslaw \$11.95

**New England Cod**—Delicious Atlantic cod fish Seared, blackened, or fried \$13.95

**Grouper Florentine**—Pan seared with fresh spinach, sun dried tomatoes and herb cheese \$17.95

**Gulf of Mexico Grouper**—Fresh Gulf of Mexico grouper. Seared, blackened, or fried \$16.95

**Salmon**—Fresh salmon seared or blackened \$14.95

**Pesto Salmon**—Sautéed salmon with our fresh homemade creamy basil pesto \$15.95

**Cod Au Gratin**—Delicious seared fresh North Atlantic cod \$14.95

**Fried Shrimp Dinner**—Eight batter dipped golden large shrimp \$12.95

**Grouper Sandwich**—Gulf of Mexico, choice of seared, blackened, or fried. Served with fries or coleslaw \$12.95 Add cheese \$.75

**Grilled Chicken Cheddar**—With roasted peppers, mushrooms, & cheddar cheese \$7.95

**Blue Parrot Chicken**—Chicken with blue cheese, bacon on a croissant \$7.95

## DINNER FROM THE TURF

**Baby Back Ribs**—Tender & delicious \$15.95

**German Schnitzel**—Delicious pork cutlets covered with crispy breading, topped with special brown gravy \$13.95

**Chicken Parmesan**—Chicken cutlets breaded and covered with our special marinara and melted mozzarella \$11.95

**Blue Parrot Chicken**—Chicken cutlet sautéed in a creamy basil sauce \$11.95

**Old Fashioned Meat Loaf**—With homemade brown gravy \$10.95

**Filet Mignon**—Pan seared, with a special creamy brandy mushroom sauce \$16.95

## HOMEMADE SEAFOOD & MEAT PASTAS

**Seafood Lasagna**—Shrimp, bay scallops, cod, ricotta cheese all mixed with our creamy pink sauce on thin, fresh pasta. You can't find this anywhere! \$12.95

**Linguine with White Clam Sauce**—Perfect blend of olive oil, garlic, wine, baby clams, and grated Parmesan over linguine. Better than Little Italy's! \$12.95 **Red Sauce** \$12.95

**Seafood Pasta**—Shrimp, scallops, calamari, fish, mussels, andouille sausage, mixed with our creole cream sauce over linguine \$15.95

**Shrimp Florentine**—Shrimp tossed with tomato, garlic, spinach, and white wine linguine \$13.95

**Shrimp Scampi**—Made with olive oil, butter, garlic and white wine with grated parmesan cheese over linguine \$13.95

**Shrimp with Basil Sauce**—Sautéed Shrimp cooked in olive oil and our homemade fresh sweet basil pesto, served over linguine \$13.95

**Spaghetti with Meatballs**—Made with extra care with our handed down secret recipe \$10.95 Plain also available \$9.95

**Meat Sauce Lasagna**—Layers of goodness with ricotta cheese, homemade meat sauce, mozzarella, grated Parmesan, and delicious sausage \$11.95

**Pasta Alfredo**—\$12.95 **Shrimp Alfredo**—\$14.95

## EARLY BIRD SPECIAL

7 DAYS A WEEK

4 pm 'til 6 pm only

**Filet Mignon in mushroom brandy sauce**

Served with veggie & potato \$12.95

**Grouper—Blackened, seared, or fried**

Served with veggie & potato \$11.95