

Starters

Shrimp & Polenta

Parmesan, spinach polenta, chili-garlic butter-sautéed shrimp 13

Moules Marinières

Mussels, shallots, butter, white wine, crème fraîche, herbs 12

Burrata Caprese

House-made burrata, tomatoes, basil, EVOO, balsamic vinegar 10

Beef Carpaccio

Arugula, Parmesan, pomegranate, black pepper, EVOO 15

Figs & Chorizo

Caramelized onions, toasted pine nuts, balsamic, pomegranate 11

Pork Belly

Brined, braised, crisped, Sriracha, honey, daikon salad 11

Sola Wings

Crispy baked, pineapple chunks, Sriracha, shishito peppers,
blue cheese crumbles 10

Paté

Ask your server for the paté of the week 9

Soup & Salads

Soup of the Day 6

House Salad

Arugula, baby kale, Swiss chard, red onion, blistered cherry tomatoes, crème fraîche blue cheese vinaigrette, pine nuts 7

Gaya’s Salad

Bell peppers, tomatoes, Spanish onions, avocado, cilantro, greens, lemon juice, EVOO 9

* An 18% gratuity may be added to parties of 6 or more.

* \$5 split plate charge

Sola

Bistro & Wine Bar

727.360.7500



6700 Gulf Blvd.

St. Pete Beach, FL 33706

Monday through Saturday

Hours: 4:00 pm to 10:00 pm

Cheese & Charcuterie

Ask your server for today’s
meat and cheese selections

Choice of Two 13

Choice of Three 16

Choice of Four 20

Choice of Five 25

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Mains

Sterling’s Rib Eye

16 oz. Maker’s Mark au poivre sauce, black peppercorns, roasted
vegetables 34

Bucatini alla Carbonara

House-cured pancetta, egg yolk, Pecorino Romano, black pepper 17

Cast Iron Chicken

Half-chicken roasted, lemon, EVOO, rosemary fingerling potatoes, salsa verde 19

Rabbit Cacciatore

Roma tomatoes, garlic, onion, mushrooms, olives, red wine, herbs and
polenta 21

Pork Kebab

Marinated Armenian-style, thinly sliced onions, pomegranate seeds, roasted
eggplant salad 20

Grouper Mykonos

Pan-seared, garlic sautéed spinach, tomatoes, feta, risotto 28

Filet Mignon

8oz. Grilled to temperature, mushroom blue cheese sauce, rosemary fingerling
potatoes 30

Sides

Rosemary Fingerling Potatoes 5

Fire Roasted Eggplant Salad 6

Roasted Vegetables 5

Grilled Asparagus 7

Risotto 5

Spinach Polenta 5

Desserts

Honeycomb Cake 6

Crème Brûlée 6

Children’s Menu Available